



Virginia MIRC <vamirc@mirc.virginia.gov>

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## New MIRC Comment

1 message

Tue, Oct 1, 2013 at  
9:29 AM

Reply-To: [REDACTED]

To: vamirc@mirc.virginia.gov

**First Name** - elizabeth

**Last Name** - bernhard

**Organization Name** - va. dept. health dental program

**Comment** - I am writing to ask the commission to include "cleanings" (removal of tarter and treatment of infection of the gums) for adults. I see many indigent adults who can benefit from an extraction but it is only the beginning. Their real issue is "gum disease" this runs the gammet from gingivitis to tartar build up to bone loss and loose teeth to periodontal abcesses. The inflammation caused by gum disease is the number one deadly disease. It contributes to all chronic diseases; heart disease, and diabetes, being the primary problems of the elderly and obese. I would urge the commission to consider including the removal of tarter and treatment of the gums for infection as part of the new package. Extractions while helpful, only create dental cripples. People want to be able to eat healthy without pain. Treatment of the tissues of the oral cavity can result in less inflammation, less infection, tighter teeth that can chew fresh vegetables and fruits and grains. (recommended foods for health). Children are doing very well as a result of the emphasis on children receiving care and fluoridation. Adults need help.