

# Medicaid Managed Care in Virginia

And

An Explanation of Reforms Included in FY 2013 Managed  
Care Contracts

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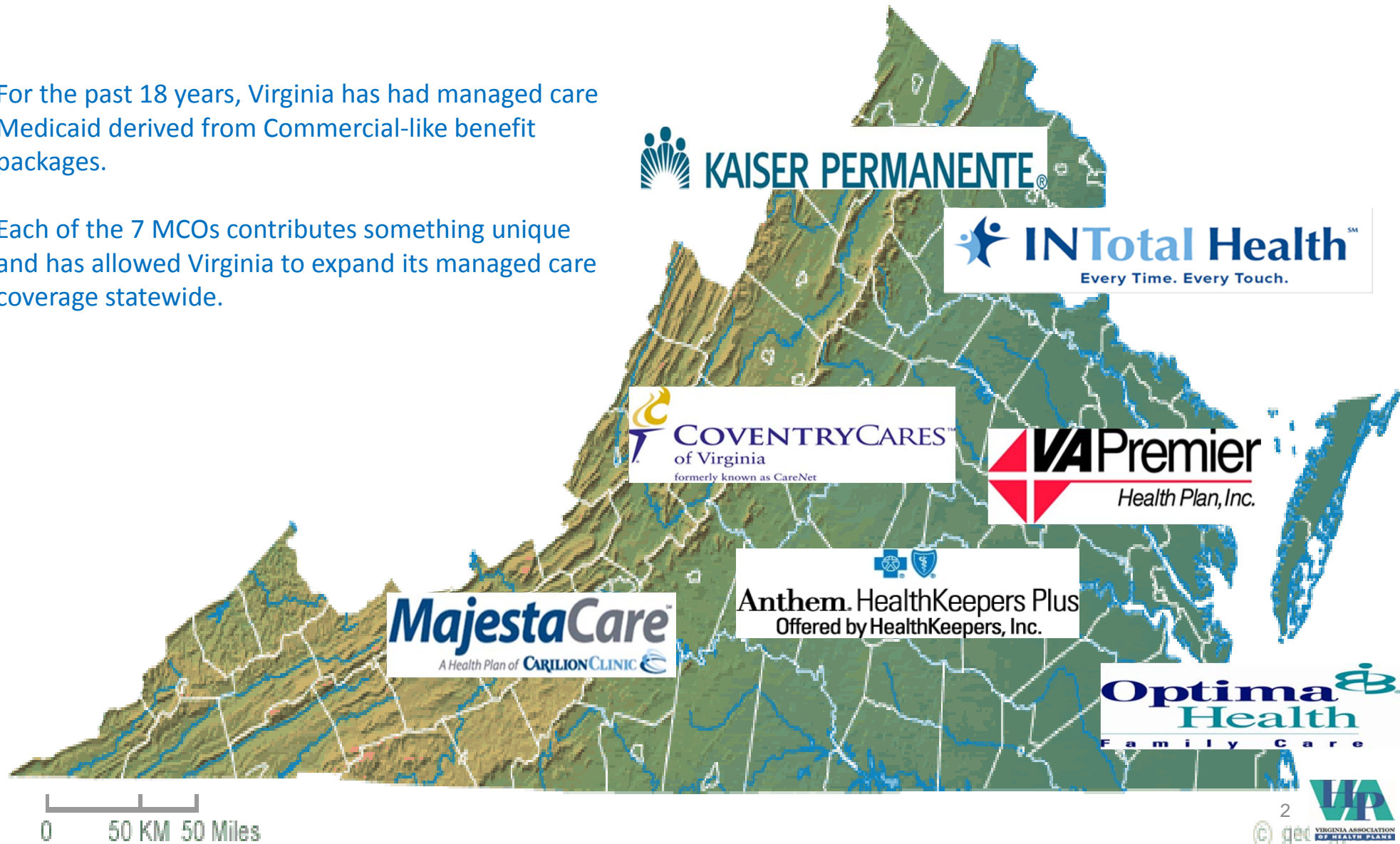
Medicaid Innovation and Reform Commission



VIRGINIA ASSOCIATION  
OF HEALTH PLANS

For the past 18 years, Virginia has had managed care Medicaid derived from Commercial-like benefit packages.

Each of the 7 MCOs contributes something unique and has allowed Virginia to expand its managed care coverage statewide.



# Contract Provisions

For FY 2013, DMAS completely revised the MCO contract to include discussion on:

- Commercial-like Benefits
- Coordinating with the BHSA
- Delivery System Reforms
- Data Improvements
- Foster Care
- Program Integrity
- Quality Improvement

# Commercial-like Benefits

- Managed care Medicaid developed from commercial benefit designs.
- MCOs examining incentive arrangements to reward positive behaviors that allow care to be delivered in the most appropriate setting.

# Coordinating With Behavioral Health Service Administrator

- Acute care still being handled by MCOs for managed care Medicaid populations.
- Magellan (BHSA) beginning 12/1/13 will administer Non-Traditional Behavioral Health Services to all Medicaid populations on an Administrative Services Only Basis (non risk)

# Delivery System Reforms

Many MCOs are part of Integrated Health Systems:

- INTotal Health – Inova
- MajestaCare – Carilion
- Optima – Sentara
- Virginia Premier – VCU

Other MCOs are also involved with delivery system innovation:

- Anthem HealthKeepers – CareMore
- Coventry Cares – telemedicine
- Kaiser – integrated care clinics

# Data Improvements

- MCOs part of Health Plans funding a portion of the APCD.
- MCO contract requires data filed with APCD.
- Integrated Delivery Systems with hospitals, health care provider practices, and MCOs can share electronic health records (EHRs).
- DMAS is a national leader with a several hundred page Technical Manual as Exhibit to the contract, improving data analytics.

# Foster Care

- As part of contract and MIRC reform budget language, Foster Care children receiving care through the MCO contracts.
- Several regions of Virginia operational and will be finalized by late winter 2014.
- MCOs working to coordinate efforts with local Social Services.
- MCOs bear risk for services instead of “blank check” fee-for-service approach.



# Program Integrity

- Virginia is a national leader with Program Integrity Collaborative.
- MCOs, DMAS, and vendor working together.
- Strengthened audit and reporting provisions in MCO contract.

# Quality Integrity

- Quality Care Collaborative – existing program “best practices.”
- NCQA Certification – stringent quality standards every MCO must be certified – Virginia best practice leader.
- Performance Incentives – MCOs will be financially incentivized if met or exceed specific performance standards.
- Annual Wellness Initiatives must be reported.
- Managed Care Systems Partnership – MCOs must perform 2 MCO-specific innovations